



Sandhills/Moore Coalition for Human Care

1500 West Indiana Avenue
Southern Pines, NC 28387
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Suggested Food List

Canned Beef Stew
Jelly
Peanut Butter
Spaghetti Sauce
Cereal
Canned Tuna

Instant Mashed Potatoes
Canned Fruit
1-2 lb. package rice

Although the Coalition welcomes donations of any non-perishable food item, “healthy” alternatives are encouraged to allow options for those we serve. This includes low/no salt, low sugar and whole grain selections.